

# EAST TOLEDO SENIOR CENTER

# SENIOR PAGES

March 2017

Volume 17 Issue 3

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## CONGRATULATIONS

Congratulations to 2 of our seniors who were recognized at the East Toledo Family Center's Annual Meeting on January 25th.

Carol Leese received our highest honor, "Senior Director Award" for her time and dedication she has shown over the years. Carol gives seniors rides and brings in baked goods from local groceries that would otherwise be thrown away. Carol always offers to help wherever needed. She is always smiling and brightens up the center with her positive attitude.

The Senior Volunteer Award recipient was Yvonne Juhasz, who volunteers time at the senior center and who has a heart of gold. Not only does she help with programing and special events, she also lends a helping hand to seniors in need.

Congratulations to both Carol and Yvonne! Well deserved.



## MEMORIAL WALKWAY

You can join East Toledo families, businesses and organizations in preserving a part of our heritage through engraved bricks displayed on the ET Navarre Park Memorial Walkway located between the ETSC and the East Toledo Historical Cultural Center. Personalized bricks help support the ETSAC and the upkeep of the Memorial Walkway. The campaign will run from March 1st through May 31st. The cost and order form are enclosed in this newsletter. We will have a dedication ceremony for the families/organizations that purchase bricks on Sunday, August 6, 2017.

## CABBAGE ROLL DINNER

On April 12th we are having a Cabbage Roll Dinner and Bake Sale. We are asking for donations of baked goods from our members.

Pre-sale tickets for the dinner are \$7 for Seniors/Children 10 and under, \$9 Adults. We will have both dine in and takeout. The dinner includes 2 cabbage rolls, mashed potatoes with gravy, corn, dinner roll, and beverage (dine in only).

Tickets are on sale now!

## MISSION STATEMENT

In the community,  
for the community,  
strengthening one  
life at a time.

## MARK YOUR CALENDAR

**March 1**  
Bob Evans Fundraiser  
10 a.m.-8 p.m.

**March 2**  
Paper Crafting  
1:00 p.m.

**March 6, 13, 20, 27**  
Breakfast  
8:30-9:30 a.m.

**March 2**  
Monthly Movie  
1:00 p.m.

**March 6, 7 & 8**  
Dinner Theatre Auditions  
(times vary)

**March 7**  
Clean Lake Erie Speaker  
11:00 a.m.

**March 7, 14, 28**  
Euchre  
12:30 p.m.

**March 8, 15, 22**  
Evening Meal  
4:30 p.m.

**March 10**  
Waite Has Beens  
Breakfast 8:30

**March 10**  
Wii Banquet  
12:30 p.m.

**March 15**  
Bird Club Trip  
8:15 a.m.

**March 17**  
St. Patrick's Day Party  
11:45 a.m.

**March 20 & 21**  
2 Day Euchre Tourney  
11:45 a.m.

**March 22**  
Intro To Birding  
6:00 p.m.

**March 27**  
Dream Travelers  
10:45 a.m.

**PAPER CRAFTING**

On Thursday, March 2, 2017 we will be making an Easter Door Wreath. This is only \$1 and class size is limited.

If you are planning on joining us, make sure to put your name on the sign-up sheet.



**BUNCO**

We play Bunco on the 2nd and 4th Thursday of each month at 12:30 p.m. The cost is \$1 per person. No experience required!



**LEGAL HELP**

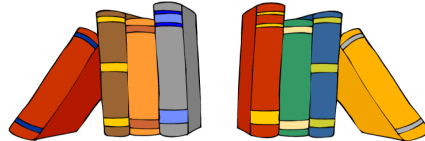
Appointments for attorney Ed Clark are on the 2nd Thursday of each month. They are available at 2 p.m., 2:30 p.m., 3 p.m. and 3:30 p.m. You must make an appointment by calling 419-691-2254. His service is free to seniors only if they meet with him at the center during these times.

**BOOK CLUB**

March 30, 2017  
1:00 p.m.

*Michelle Obama: A Life*  
By Peter Stevin

Light refreshments will be served.



**MOVIE OF THE MONTH**

Hoeflinger-Bolander Funeral Home will provide the movie and pop at 1:00 p.m. and we provide the popcorn.

March 2, 2017  
"Priceless"

Rated PG-13  
Starring Blanca A Santos and Joel Smallbone

**BREAKFAST**

Breakfast will be served once a week beginning March 6th. A hot breakfast will be served once a month. All other weeks will be a continental breakfast. Breakfast will be available between 8:30 a.m.-9:30 a.m. There is a suggested donation of \$2.50.

March 6, 13, 20, 27  
(Mondays)

Continental Breakfast

March 10, 2017  
(Friday)

Breakfast Burrito  
Oatmeal Bake  
Tater Tots  
Orange Juice

**MEAL RSVP'S**

When you want to dine at the ETSC you must order your meal the day before by noon in person or call 419-691-2254. If we have cancellations and enough we will serve those that didn't pre-order their meals. Also, you need to be at the center by the posted serving time in order to receive a meal.

**EVENING MEALS**

Each week (with the exception of the 5th week) we will have an Evening Meal at 4:30 p.m. There is a suggested donation of \$2.50 for all non-fundraiser evening meals.

Wed. March 1, 2017  
Bob Evans Fundraiser

Wed. March 8, 2017  
Lasagna

Wed. March 15, 2017  
Goulash

Wed. March 22, 2017  
Chicken Enchiladas

The senior center will stay open until 8:00 p.m. on these nights for activities.

**RESTAURANT OF THE MONTH**

Once a month we will go to a restaurant for dinner. Transportation is free. Everyone is responsible for their dinner.

March  
Bob Evans

April  
Webber's

May  
Black Forest Café

## SENIOR SOFTBALL

The fees for registrations received by March 10, 2017 will be \$50 for one league and \$65 for both. Registration is broken into three categories: **50 and Over League**, **58 and Over League**, and **Both**. If you are 58 and over, you are eligible to be in both of the leagues. **Registration deadline is March 10, 2017. Registrations postmarked after this date will be assessed a \$10 late fee. This fee must be paid before player is placed on a roster.**

We have several convenient ways to pay your registration fees: Check, Cash, Money Order, Credit Card. If paying with a credit card, please use the enclosed form and mail in with your registration form. You may also use the option of registering on our website at <http://HTOsports.com/etsacsoftball> and paying with PayPal. There is a \$2 processing fee added to your registration for this option.

Thank you to Commissioners Fritz Hartkopf and Tony Mumford for their years of service. The volunteer Commissioners for the 2017 season are Jeff Aiello, Dave Cutcher, Doug Geisel, Art Ingram, and Dave Toth.

There are highly competitive leagues available, but the East Toledo Family Center's focus is not on competition, nor will it be in the future. I look forward to seeing you in the spring as we start our 23rd season.



## CALLING ALL BALL PLAYERS

We are planning on having a "reunion" of senior softball players, including those who no longer play. We do need your help on locating some of the original players. If you know of someone who played but is no longer a current player, even those who have moved away, email Mary at [mwolff\\_etsac@yahoo.com](mailto:mwolff_etsac@yahoo.com) or call her at 419-691-2254 with their name and address. We will keep you posted as the planning progresses.

## SENIOR SOFTBALL SPONSORS

East Point Physical Therapy  
JRB Certified Diabetes Educator, LLC  
Alfred Hartkopf  
Industrial Motor Services  
Orchard Villa

## CARDIO DRUMMING

What a great way to keep fit. Join our Cardio Drumming Class for only \$1 per 45 minute session (class is free if you stay for lunch afterwards!). We will be starting classes soon. Class runs from 10:45 a.m.-11:30 a.m.

This class is designed to meet the needs of all mobility levels, you cardio drum standing or sitting! We will supply all of the equipment needed. Put your name on the sign-up sheet if you are planning on joining us!

## WALK THE HALLS

Waite High School has again opened their doors to local senior citizens who like to walk to keep fit. Seniors can walk at the school Monday-Friday anytime between the hours of 3:00 p.m.-5:00 p.m. Walkers will enjoy a safe, warm and dry environment. There is also ample parking, access to an elevator and a break-room.

If you registered last school year, you do not need to re-register. You can use your ID badge from then. If you are new to the program, see a staff member at the Senior Center to register and get an ID badge

This program is a collaboration between Toledo Public Schools, Waite High School and the East Toledo Senior Activities Center.

## VOLLEYBALL

Senior Volleyball is offered on Monday from 10 a.m.-11:30 a.m. at the East Toledo Family Center gym. This is a drop in program so there is no need to sign up in advance.

## BASKETBALL

Our drop-in Basketball will be on both Tuesday & Thursday evenings year round at 7:00 p.m. at the Family Center, located at 1020 Varland Ave. This is for everyone aged 50 and over.

## YOGA CLASS

There is FREE Yoga Classes on Monday's at 4:30 p.m. They are held at the East Toledo Senior Center. You can join at any time.

## DREAM TRAVELERS

Are you a world traveler? Or have you never been out of Ohio? Are you afraid to fly or get carsick? Well don't worry about any of this when you join our Dream Travelers. See the world through food and pictures. We "travel" to fun and exciting places. We have a short program and a lunch which is themed around the place we visit. We see famous attractions and hear some history. The only cost is a suggested donation of \$2.50 for the lunch.

We will be traveling to Las Vegas on Monday, March 27th beginning at 10:45 a.m. It will be a great trip with a delicious lunch! Put your name on the sign-up sheet if you are planning on attending.

everybody's  
**Irish**  
on st. Patrick's day!

## ST. PATRICK'S DAY PARTY

Our annual St. Patrick's Day Party is on Friday, March 17, 2017 beginning at 11:45 a.m. The cost is \$5 and includes lunch, games, and prizes. The menu will be Grilled Reuben Sandwich **OR** Fish Sandwich and Macaroni & Cheese.

**VERY IMPORTANT:** You must indicate on lunch sign-up sheet if you want Reuben or Fish. If you do not make a selection, you will automatically get Fish. We also have fun games planned!

*RSVP's and payments will not be accepted after March 10th.*

## EAST TOLEDO'S GOT TALENT

A Dinner Theatre Variety Show

### OPEN AUDITIONS

March 6th & 8th

6:30 p.m.-8:00 p.m.

March 7th

10:00 a.m.-Noon

at the  
East Toledo Senior Center  
1001 White St. Toledo OH

All Talent Welcomed Including:

Singers  
Musicians  
Skits  
Comedians  
Dancers  
Magicians

SHOW DATE: MAY 20, 2017

All proceeds to benefit the  
East Toledo Senior Center

For more information, call  
419-691-2254.

## CHORE & HOUSEKEEPING

We have crews doing snow removal. If you are in need of snow removal, please call Julie at the center to get on the list EACH time it snows. We also do snow removal for our "snowbirds". To get on that list, call Julie also.

Housekeeping services include dusting, vacuuming, dishes, laundry, bathrooms, etc. The cost for our Chore and Housekeeping services is based on a sliding scale determined by household income.

**Both Chore and Housekeeping will be based on your household income and a sliding scale fee.** To determine what your voluntary contribution will be for either of these services, call Mary at ext 202. To schedule Chore & Housekeeping, call Julie at ext. 204. Both Mary and Julie can be reached at (419) 691-2254

## WAITE HAS BEENS

Beginning Friday, December 2nd, the Waite Has Beens group will have breakfast once a month through March 2017. They invite special guest speakers each month. On the menu is:

March 10  
Breakfast Burritos

April 10  
Pancakes

The cost is a suggested \$2.50 donation. Come join us!



## THE GIVING TREE

For those of you who come to the senior center on a regular basis, you may have noticed that our Christmas Tree is still up. You may have also noticed that our marquee sign out in front of the building is in great need of repairs. We are doing a fundraiser to purchase a new digital sign. That is where the tree comes in. The tree will stay up year round and we will be selling ornaments that are Holiday Themed for \$1 each. All proceeds will go towards a new sign. You may also donate when renewing your annual membership!



**2017 TRIPS**

**MARK YOUR CALENDAR!**

**Maine Trip**

August 20-26, 2017

Cost: \$755 based on double occupancy.

6 nights lodging  
10 meals

Tour of Portland, Maine  
Tour of Kennebunkport  
Tour of Victoria Mansion  
Tour of Pineland Farms  
Boothbay Railway Village  
Seashore Trolley Museum  
And much more!

Seats are reserved when \$75 deposit is made.

**2017 DAY TRIPS**

**Snooks Dream Cars**

Thursday, April 13, 2017

11:00 a.m.

\$8 per person

Includes transportation and museum admission. Everyone will be on their own for lunch.



**Museum of Postal History**

May 25, 2017

Cost TBA

**Sandpiper River Cruise**

Thursday, June 29, 2017

\$25

Includes transportation, boat cruise and boxed lunch.

**Put-In-Bay**

Friday, July 13, 2017

Cost TBA

**Iron Triangle Railroad**

Thursday, July 20, 2017

\$5

**Merry-Go-Round Museum**

Thursday, August 17, 2017

\$8

Includes transportation and admission. Everyone is on their own for lunch.

**Sauders Village**

Thurs., Sept. 7, 2017

Cost TBA

**Ohio Veteran's Museum & Hall of Fame**

Friday, October 6, 2017

Cost: TBA

**DIAMOND CLUB**

The "***Diamond Club***" is for all participants who are aged 75 and over. Membership to the Diamond Club is FREE.

On Thursday, March 23, 2017 we will honor the memory of Debbie Reynolds and watch the movie "My Six Loves" (1963). Also starring in the movie is Cliff Robertson, David Janssen, and Eileen Heckert.

There will be snacks on hand. This is FREE. Movie time is at 1:00 p.m.

If you are aged 75 or over and are not a member of the Diamond Club but would like to be, simply fill out the form below and turn in to Brenda.



East Toledo Senior Center

**DIAMOND CLUB**

Registration Form

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City/State/Zip: \_\_\_\_\_

Phone Number: \_\_\_\_\_

Birthday (month, day & year): \_\_\_\_\_

**Wii BOWLING**

The Winter Wii Bowling league banquet will be on Friday, March 10th at 12:30 p.m. We will be providing the pizza and the bowlers need to bring side dishes or desserts.

The Spring Wii Bowling League will resume on Wednesday and Friday, April 19th & 21st. Plan on joining the fun!



## WHAT IS NEW FOR 2017

We have some very exciting changes to current programs and have added some new programs in 2017 at the East Toledo Senior Center!

We are open every Wednesday, (with the exception of the 5th week) until 8:00 p.m. Evening Meals will be available on those Wednesday that we are open late. After the meal, we will have a different activity. Due to a Bob Evans Fundraiser on March 1st, we will not prepare an evening meal, however we will be open until 8:00 p.m. for activities. March evening activities include: 3/1-Bingo; 3/8-Euchre; 3/15-SkipBo; 3/22-Golf (the card game). Or you can just hang out and visit, watch tv, read, etc. You are not required to eat the meal in order to participate in the activities.

Beginning March 6th we will offer breakfast every Monday. One week will be a hot breakfast, while the other weeks will be continental. The only exception is that the hot breakfast in January, February, March, and December will coincide with our Waite Has Beens breakfast on the second Friday of the month. There is a suggested donation of \$2.50 for each meal.

The ETSC has its very own BIRDING CLUB for those who love to watch, identify, and learn about birds. We have such a wonderful opportunity in Northwest Ohio to enjoy hundreds of birds who have settled in our area or make a visit once a year. There is a small one-time membership

fee of \$15 per club member for a bird guide and journal. All outings will be free with the exception of places that charge an admission fee and meals. Our first outing will be on Wednesday, March 15th to the Ottawa National Wildlife Refuge for an Eagle Tour. This outing is limited to the first 14 who sign up. Lunch will be at Blackberry Corners.

**NEW SINCE LAST NEWSLETTER:** Monthly Tai Chi classes will be offered on the 3rd Friday beginning at 10:30 a.m. Our first class will be on Friday, April 21, 2017. This is a FREE class. For all of these new and exciting programs, please put your name on the sign-up sheets provided.

We are also in the process of adding other new programs including an Art Show, Foreign Language Class, Painting Class, Cake Decorating Class, a Technology Class that will teach how to use a smart phone or tablet, and a Coffee Club. Watch your newsletter and sign up sheets for more details! If you have an idea, please share it!

## BIBLE STUDY

The Bible Study will be the 2nd and 4th Monday of the month at 2:00 p.m.

## OHIO DEPARTMENT ON AGING

50 W. Broad St./9th Floor  
Columbus OH 43215  
(614) 466-5500

[www.goldenbuckeye.com](http://www.goldenbuckeye.com)

## SNAP-ed

Ohio State University Extension will be offering this program again to our seniors. The program will be once a week for 3 weeks beginning on Tuesday, April 4 from 10:45 a.m.-11:30 a.m.

This session will be titled "Healthy Eating on a Budget", and will focus on food shopping.

Space is limited and spots will fill up quickly so if you are interested, put your name on the sign-up sheet early. This program is free to all seniors 60 and over.

## HEAP ASSISTANCE

To get an application for HEAP, call Julie to make an appointment 419-691-2254 ext. 204 if you need help filling out the application. We can help fill out application but cannot file it. You do not need an appointment to just pick up an application. You can also call EOPA at 1-866-504-7392 to make an appointment at the East Toledo Family Center for help with application and to file. No drop ins are accepted.

## RED HAT SOCIETY

On Wednesday, March 22, 2017 the Red Hot Mamas will be having lunch here at the Senior Center then travel to Bryan Ohio to tour the Spangler Candy Company. If you want to go, put your name on the sign up sheet. For more information you can call Mary Kan-sorka at 419-836-5626.



**MARCH BIRTHDAYS**

- 1 John Engel  
Mervin Sharfman
- 3 Dorothy Geoffrion  
Richard Hanus  
Lee Kramer
- 4 Phyllis Guy
- 5 Patricia Staley
- 6 Kent Lincoln
- 8 Timothy Posadny
- 9 Richard Hughlett  
Ray Spencer  
Mary Tarr
- 12 Chris Smeltzer
- 13 Williams Evans
- 14 James Campbell
- 15 Tempas Wagner
- 16 John Stoiber
- 19 Don Montague
- 20 Gina Duris  
Mike Patronik  
Rosendo Ramirez
- 21 Charles Herman
- 22 Mercedes Gonzalez
- 24 Freda Zam
- 26 Vince Donofrio
- 28 George Blattner
- 29 Bruce Garcia
- 31 Mary Ann Acevedo  
Carole Eversman



**WISH LIST**

- Chocolate Melting Pots
- 18 Quart Roasters
- Hard Resin Top Card Tables
- Refrigerator
- Heavy Duty Paper Shredder
- Binoculars
- 6' Tables
- Laptop Computer

**!!ATTENTION!!**

***Please remember to only put ONE name on each line on sign-up sheets!***

**2017 SPECIAL EVENTS**

March 17, 2017  
St. Patty's Day Party

March 20-21, 2017  
2 Day Euchre Tourney

April 12, 2017  
Pigs In The Blanket Dinner

April 28, 2017  
Monte Carlo Party

May 3, 2017  
Mother's Day Fashion Show

May 15-19, 2017  
Easter Seals Clothing Drive

May 20, 2017  
Dinner Theatre/Variety Show

**TAI CHI CLASS**

Beginning April 21 we will be offering FREE Tai Chi classes. The class, which lasts approximately 30 minutes, will be the 3rd Friday of the month at 10:30 a.m. Put your name on the sign-up sheet if you are planning on coming.

**ILLNESS OR IN HOSPITAL**

If you or someone else is ill or in the hospital, please call the center to let us know. We cannot put your name in the newsletter if we are not informed of this information. You can tell the receptionist or any staff member. We don't like to miss anyone when they are ill. If you are hospitalized, please let us know which one.

**ORCHARD VILLA EXERCISE CLASS**

Orchard Villa sponsors a 45 minute exercise class on the 3rd Tuesday each month beginning at 11:00 a.m. This free class is a full body workout working on muscles from head to toe, including a cool down session. Most exercises will be done sitting in a chair. If you are planning on coming to the class, please sign your name up each month so we can assure we have enough room to accommodate everyone.

**WEATHER CLOSINGS**

Please note that our weather closing policy is as follows:

Watch your local news stations to make sure we are open on days of inclement weather. We will close if LU-CAS COUNTY is under a level 2 or 3 Snow Emergency.

If you are a PASSPORT client, the driver will notify you as to whether or not they will be able to transport you to your appointment due to road conditions.

**PRAYER CORNER**

Please say a special prayer for all of our friends who are ill or recuperating:

Emil Drlik  
Charlie Fogel

Special prayers to the families of our members who have passed.

Cal Miller

# SENIOR PAGES

EAST TOLEDO SENIOR CENTER  
1001 WHITE STREET  
TOLEDO OH 43605

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The East Toledo Senior Center is sponsored in part by  
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